

UFC to Host Taste of La Mirada/Farmers Market August 31st

Written by Tony Aiello
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La Mirada~ Join the UFC GYM La Mirada for the Taste of La Mirada Food & Fitness Event Thursday, August 31st from 4:00pm-9:00pm.

Various restaurants and food vendors from the greater La Mirada area will be converging on the UFC parking lot which will also feature a La Mirada Farmers Market.

Prizes will be raffled off including a 48" television and autographed boxing gloves.

There will be music, entertainment, fitness, games and more.

UFC will also be offering free guest workouts to the community from August 18th to August 31st.

Local restaurants or food trucks interested in participating may contact James at james.white@ufcgym.com.

UFC Gym La Mirada is located at 14000 La Mirada Boulevard, adjacent to the La Mirada Theatre for the Performing Arts.